



SIR HUMPHRY DAVY'S "LAMPS ON LOCKDOWN"

TERMS & CONDITIONS

Your challenge must be completed between Friday 15TH January 2021 and Friday 12TH February 2021. You must either use one or more runs to get to the total distance of 50 miles, which is a mile for every year Sir Humphry Davy lived. The 50 miles can be done in one go or split across several efforts in the 4 weeks (28 days) which are allocated to get the challenge completed. You CAN do the challenge by running an organised running event/race. We understand that there are many long distance virtual events happening across the world and it would be a stretch to have to allocate yourself an extra 50 miles.

ALL 50 MILES MUST BE DONE IN THE DARK WITH A HEADTORCH, HENCE "LAMPS" ON LOCKDOWN. THIS WILL HELP YOU WITH HEADTORCH PRACTICE AND/OR HELP YOU HAVE A REASON TO GET OUT OF BED EARLIER ;)

You will be emailed a link to add your own data to the web link created by our tech guru, Adrian Brown before the start of the challenge (or when you enter. Whichever one comes first). The data and images and screenshots that you upload will be subject to usage by us as from the moment you upload them, you are entering into an agreement with us that we can use the info for the purposes of only this event. You can opt out of this at any time by informing us via Facebook messenger, email or writing to us at:

Bys Vyken Events & Cornish Trails

Hayle Terrace

Hayle

Cornwall, UK

TR27 4BT

THERE WILL BE PRIZES FOR 1ST, 2ND AND 3RD MALE AND FEMALE. THIS WILL BE DETERMINED FROM THE OVERALL TIME TAKEN TO COMPLETE THE CHALLENGE. FOR INSTANCE, IF YOU COMPLETE YOUR CHALLENGE IN JUST 3 RUNS AT A TOTAL OF 6 HOURS, AND SOMEBODY DOES IT IN 10 RUNS AT A TOTAL OF 8 HOURS, THEN TECHNICALLY THE PERSON WHO DID IT IN 6 HAS BEATEN YOU. IT'S THE MILEAGE COMPLETED IN THE LEAST AMOUNT OF TIME THAT WINS. THERE WILL BE NO DISAGREEING WITH US ON THIS RULE. OVERALL RESULTS WILL ALSO BE PUBLISHED BY BYS VYKEN'S TECH GURU ADRIAN BROWN.

TROPHIES AND MEDALS WILL BE SENT OUT AFTER THE CHALLENGE IS OVER TOWARDS THE END OF FEBRUARY/EARLY MARCH 2021.

PLEASE REFRAIN FROM EMAILING US YOUR DATA. YOU MUST UPLOAD THIS ALL TO THE SITE YOURSELF USING THE LINK. I CANNOT STRESS THIS ENOUGH! IF YOU HAVE ANY ISSUES THEN PLEASE EMAIL US SO WE CAN QUICKLY SORT THIS.

Only uploading all of your data and a photo to prove that you completed your challenge with your e-bib will be accepted as qualification for a bespoke safety lamp medal. Data from GPS watch/phone or app will be accepted and you must send this by uploading each segment/section of your journey onto that aforementioned link.

You will be able to keep track of your progress and your journey using the link that will accompany your adventure. You will be placed onto a 'Strava' – like leader board and your progress will also be open for everyone else to see too.

YOU CAN COMPLETE YOUR CHALLENGE AT HOME, NEAR TO HOME OR ANYWHERE YOU LIKE, AS LONG AS YOU MAINTAIN AND OBSERVE SOCIAL DISTANCING AND FALL WITHIN THE CURRENT GOVERNMENT GUIDELINES DURING THIS 3ND STINT OF THE UK'S FULL LOCKDOWN. (PLEASE NOTE, LOCKDOWN RULES MAY DIFFER WITHIN EACH OF THE 4 HOME NATIONS. YOU ARE ADVISED TO FIND WHAT YOU CAN AND CAN NOT DO IN THE COUNTRY WHERE YOU LIVE AND PLAN TO RUN).

Head to www.gov.uk/coronavirus to find out the latest information.

Please send a photo including that of you wearing your printed out bib (you're responsible for bib printing and ink and energy costs). Please note that even though this isn't an actual race, you are advised to still write emergency info and your name on the number in case of an emergency or should the ultimate hazard of dying in the middle of your run occur! You are advised to keep away from built up areas and are advised to maintain 2 metres (6ft) of distance between yourself and anyone else. You can only meet 1 single person outside due to current central Government guidelines. We do not recommend or endorse the idea that you should run with more than 1 or break the advice of more than 1 outdoor exercise each day, unless this is done on your own property and away from the general public.

If you are taking on technical or long runs then you are advised to wear the correct kit and be responsible for yourself and others whilst doing so. You are advised to use the correct maps and a compass if you know how to use one, particularly if you intend on running on expansive moorland and/or National Parks etc.

TREADMILL RUNNING WILL COUNT. CYCLING WILL NOT! WE'RE NOT A TRI COMPANY!

This is not an actual race as such! This is a fun and personal challenge. You will be responsible for picking your own routes/paths/journey and the number of miles on each outing/segment/section of your individual challenge.

THIS MUST BE COMPLETED WITHIN THE 4 WEEK TIME LIMIT, AND IF YOU ENTER LATER THAN 00:00 ON 15TH JANUARY 2021, YOU'LL STILL ONLY HAVE UNTIL 23:59 ON 12TH FEBRUARY 2021 TO COMPLETE IT.

You are advised to keep to public rights of way only and are advised to respect the basic environmental codes of closing ALL gates and not littering on your chosen route.

PLEASE PICK UP ANY SHIT THAT YOU DROP AND TAKE IT HOME WITH YOU, EVEN IF IT'S YOUR OWN SHIT THAT YOU HAVE INDEED SHIT!

All information about Sir Humphry Davy can be found within your virtual event guide that you will have emailed to you with your number to the email address that you entered with. **THE MEDAL IS MADE UP OF A DAVY SAFETY LAMP USED IN COAL MINES (YES, WE KNOW, THERE WERE AND ARE NO COAL MINES IN CORNWALL BUT DAVY WAS A GENIUS CORNISHMAN), ALONG WITH THE YEARS THAT THE LEGENDARY CHEMIST WAS BORN AND WHEN HE DIED. THE RIBBON HAS THE**

FLAGS OF THE GREAT CELTIC NATION OF CORNWALL AND THE FLAG OF GENEVA IN SWITZERLAND, WHERE HE DIED.

Upon signing up for this challenge and adventure, you are agreeing to all the rules and regulations laid out in these terms and conditions and declare yourself fit, capable and healthy. This challenge is open to all those wishing to walk as well as run. It is not eligible for any other method of transportation. It's a virtual footrace.

Not everybody will be running the same route and same sections/segments at the same time or even in the same places. The leader board is only for added fun.

Bys Vyken Events & Cornish Trails and their race directors, David Andrewartha & Sally Galsworthy, Bys Vyken Race Team, every landowner, tenant or charity responsible for maintaining the area in which you decide to run are not responsible for the route you take, the gear that you wear whilst doing so, the nutrition and hydration, or lack of that you take with you or indeed your injury or death whilst pursuing this challenge. We will have no marshals or aid stations or maps on your route. This is YOUR route, remember. We have no say over where you go, or how fast you do it in. You assume complete responsibility of yourselves and your own environment. Sticking to public rights of way and taking and reading a map is advised and essential in lots of places. It's recommended that you figure out where you're going before leaving the home. You are responsible for yourself and recommend that challengers under the age of 16 should be accompanied by an adult.

You are ultimately responsible for sticking to the Government guidelines surrounding what you can and cannot do during the Covid-19 pandemic/crisis. Try not to spit or gob at pedestrians and take a mask! Do what you can to make yourself and others as safe as possible.

You are responsible for any and all **PPE** you may need during your challenges.

You are advised to read the do's and don'ts on the Gov.uk link in your initial email and the one mentioned earlier on. By reading this and entering, you are accepting liability.

ALL PHOTOS/IMAGES THAT ARE POSTED BY YOU ON OUR SOCIAL MEDIA AND/OR EMAILED TO US WILL MEAN YOU GIVE US PERMISSION TO USE THEM FOR PUBLICATION AND PROMOTION OF THIS AND ANY FUTURE EVENTS. YOUR IMAGES MAY BE USED TO ADD TO CERTAIN FACEBOOK ALBUMS, BUT WILL NEVER BE SHARED TO ANY OTHER PAGE THAT'S NOT OWNED BY BYS VYKEN EVENTS & CORNISH TRAILS OR WITH ANY INDIVIDUAL. BY SENDING TO US, POSTING ON OUR PAGES OR TAGGING IN SOCIAL MEDIA POSTS, YOU GIVE US PERMISSION TO USE YOUR IMAGES/LIKENESS'.

There will be a no refund policy in place and you will not be allowed to transfer or defer to any actual physical OR virtual event held by us. IN THE EVENT OF AN EMERGENCY, DIAL 999 where you will be able to contact ambulance, police, fire and coastguard services along with mountain rescue if you should need their assistance. Once again, please respect the environmental code. Close all gates behind you and do not litter the area where you run (as previously stated within these terms).

You must understand that your event fee will be used for the administration of your entry and your medal and posting of said medal before money is declared a profit.

No charity that you are raising money for with this challenge (if you decide to use this as a fundraiser) will NOT be responsible in exactly the same way that Bys Vyken Events & Cornish Trails and those sole trading as Bys Vyken Events & Cornish Trails are not responsible.

Medals are subject to availability and COVID-19 delays.

Those who go against our advice of outdoor exercising away from home more than once a day for this challenge will be disqualified.

These terms & conditions were assembled by the Governing Event Director of 'Bys Vyken Events & Cornish Trails, David Andrewartha.

You are responsible for any people or animals or dinosaurs you take on your challenge. You should take responsibility for yourselves. We are not responsible for you and for anything you do on this challenge. We thank you for taking the time to read. Enjoy your adventure! X