



## COVID - 19 RESPONSE - PART 1

**COVID-19 is a new illness that can affect your lungs and airways.  
It's caused by a virus called coronavirus.**

**Currently 'Bys Vyken Events & Cornish Trails' has no plans to postpone, cancel/abandon events going forward as of this moment (16/3/20). We will be closely monitoring the situation. Currently less than 1% of the number of the entire county of Cornwall has the virus in ALL of the UK. Less than 2000 cases countrywide in a population of 66.44 million (2018). Whilst we are aware of the dangers that this illness imposes on the vulnerable, we also know the amount of infected people there are.**

**We are not medical experts.**

**We will be following central government guidelines and adhering to the advised measures when it comes to the organising and staging of running events.**

**We currently will not (and will probably never) break the threshold of the 500+ mass participation limit when it comes to events. (Current limit talked about)**

**We have limited our next events.**

**Here are those limits to our events for 2020:**

- St Eval Kart Circuit Marathon & ½ Marathon = 40 people on each distance running and upto 25 crew**
- Smuggler's Scuttler = 200 people running and up to 35 crew**
- The Island Marathon = 50 people running and up to 15 crew**
  - Fat Jack = 50 people running and up to 30 crew**
  - Fordh Sen Mighal = 300 running and up to 35 crew**

**We will be placing minimal strain on our amazing emergency services as we won't be needing a police presence as per all of our events, and our medical team are a private team. We will have zero NHS ambulances or St John's Ambulances being used.**



## COVID - 19 RESPONSE - PART 2

Make no mistake; our medical team are the best in the South West and have covered similar events (including all of ours prior) and greater events including all the 'Man Engine' dates within Cornwall & West Devon. Your safety isn't compromised because your medical team aren't NHS paramedics we've stolen for the day from RC Hospital –Treliske. They are qualified paramedics and helicopter medics however.

All safety plans including fire safety and terrorism guidelines will remain the same as per every other event.

Runners will register as 1 in and 1 out for the foreseeable until this virus and global panic calms. What you do when you're all outside is up to you but there are simple guidelines you can all follow too. Websites with important information will be at the bottom of part three of this statement.

All crew will be wearing gloves and you'll be encouraged and have the opportunity to use hand gel on your hands before taking aid-station food and drink.

All events are cupless anyway and it's encouraged that you do not share hydration systems.

**DO NOT TURN UP TO AN EVENT IF YOU FEEL UNWELL OR THINK/BELIEVE YOU HAVE THE VIRUS.**

Suspected cases will be taken off course and sent home to self-isolate with their I.C.E contact (In Case of Emergency contact/Next of Kin).

If you have an underlying health issue that makes immune systems weaker and respiratory problems greater then stay home/don't enter.

Whilst it's great to cheer on your mates and random strangers, you must try to refrain from high-fiving, shaking hands, patting on the back etc.



## COVID - 19 RESPONSE - PART 3

Cover faces if you have a cough or a sneeze (sneezing is NOT a symptom of Covid -19). Please try to keep a safer distance from each other when stationary if and when you can.

Keep your hands clean whenever you can and wash your hands every time you use the toilet pre, during and post event. Hand washing/sanitising should last between 20 & 60 seconds. 20 seconds is the current minimum according to reports.

There's a possibility that even this will change in the coming months but as of right now, it's important we listen to the facts and not the Facebook doomsdayer brigade. We will keep our eyes and ears to the situation at hand and truly promise that we have your health and safety at the very heart of what we do. That is a fact that's been there since day one and not since the 39<sup>th</sup> end of the world in my lifetime that I've managed to survive so far.

Risk assessments will be updated frequently with all changes (if any) and forwarded to all relevant parties including local authority and insurers.

If there is a likelihood the events won't go ahead then deferrals will be in place. There will be no refunds as per our Terms and Conditions which should have been read before you were able to checkout on your entry.

Please remember, there's nothing in our insurance that covers us for 'worldwide Covid - 19/Coronavirus outbreaks'.

If the events still go ahead as they are planned to and you have a major problem with this then for the love of God, don't be one of those who has a whinge on social media. Just don't turn up and save yourself the hassle.

We have everyone's best interests at heart whilst hoping this business doesn't go under in the meantime due to the unforeseen crazy climate we currently live in.

More information about the illness and what you can do can be found at these links:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

