



Thank you for volunteering your time and physical efforts to help us out with this event. Without you being here for us with your support then these races simply could not happen.

There are some things which I have to go over in terms of a disclaimer in order to cover ourselves in the event of an incident. Our insurances cover ALL staff and volunteers as well as every runner from race registration to race finish but this helps to reinforce the legality of the event that you are marshalling/stewarding at.

By signing this disclaimer with your full name and unique hand signature you are agreeing to the terms of this document.

You must be physically fit and conclude that you are able to stand for long periods of time and/or run at least $\frac{3}{4}$ of the distance of the event you are giving your time to (if marking, taking down signs or performing back-runner safety duties).

You accept that you're in the knowledge that you may have to carry heavy equipment and handle food that you may not agree with based on your beliefs. You must also be of the understanding that putting up and taking down signs comes with risks from sharp implements, tools and open and exposed weather and elements on exposed coastal areas of height.

You must be accepting of and be in the knowledge that your marshal points aren't always going to be easy to get to and sometimes come with a prolonged walk/run whilst carrying goods both light and heavy.

You shall have read the 'Marshal Guidelines' which explains the various tasks and what to do and what not to do. You agree to understand and accept those guidelines laid out before you.

Bys Vyken Events & Cornish Trails and Bys Vyken Race Team shall not be responsible for the loss or theft of your own personal property that wasn't given to you as part of your tasks by Bys Vyken Events & Cornish Trails or Bys Vyken Race Team.

You agree to be respectful to every runner and every other marshal whilst performing your role.

You understand that the technical terrain in which you may be upon can lead to injury and in the most extreme circumstances, death.

You accept that your own family and friends are your own responsibility and do not fall under our watch or insurance unless they are our own official crew that have been cleared by us.

You understand that your free race entry for supporting us will only be a free entry for you and you alone. Nobody else can cash in your entry unless you are not a runner. Don't forget that entry though. You have definitely earned it.

You must be in the knowledge that Bys Vyken Events & Cornish Trails and Bys Vyken Race Team are not responsible for outside catering. I.e. finishers' and crew food brought in from another company. These companies/businesses will come with their own Public Liability Insurance (PLI).